

MARTIAL SPORTS

Holly
Lei See

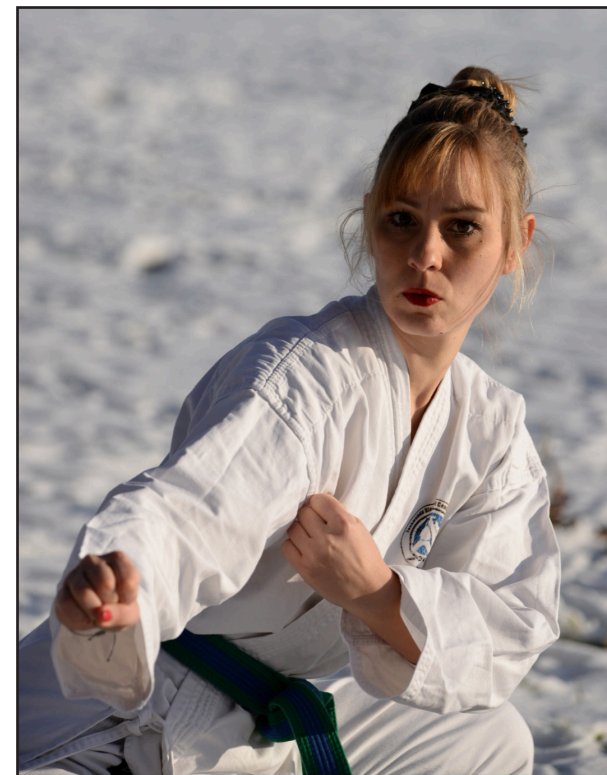
ISSUE 13 2022 \$24.99



ISSN 2371-3011

Featuring

Preview



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**Addison
Mann**







**Cheyenne
Akins**

I want to be a well known fighter when I get older. I want to keep training with my sister and getting better and better everyday. I also really like soccer and I can't wait to see if that will take me anywhere







Holly Lei See

Traditional Kung Fu has been passed down for generations in my family. From my grandfather, to my uncle and now me. I am trained in Shaolin Kung Fu, Wing Chun, and Tiger Claw Kung Fu. My Sifu trains me traditionally as well as for on screen performances so I am able to perform Kung Fu in film and cinema. My goal is to be in films and do Kung Fu in movies/tv shows.

Photographers Credits:
Outfit in white is shot by
Guy Marino.



Holly
Lei See





Holly
Lei See





My name is Kathryn Quina and I am 11 years old, 5'2", 88 lbs., Grey/Black Belt under Luiz Palhares. I previously trained under Osvaldo Moizinho (Ares Bjj) / Diego Bispo Academy and now train under Luiz Palhares, Professor Nester Bayot and coached by James Gamble; Deandre Corbe; Gavin Corbe, Christian Diaz, Mike Paulson, Bella Stofka, Lexi Arnold and Maka out of Coastal BJJ in Virginia Beach, VA. I love Jiu Jitsu and have been very fortunate to also have trained with Claudia Dovaljji; Talita Alencar; Taniel Abu Jesus; Oleksander Humen; Pedro Dias; Celso Ricardo, Xid Dalanon, Kaitlin, Andreza Morais, Ted Linn, and Laura Carvalho to name a few. I also have trained wrestling at VB Fighthouse under Mike Holcomb; Diego Bispo Academy under Jairod James; MASF Industries under Seldon Wright; Chaos Jiu Jitsu under Christina Linn; Grapplers Garage, and Great Neck Wrestling / Kellam Mat Rats under numerous Coaches.

My weekends are busy as I am an active High-Level competitor both in Jiu Jitsu and Wrestling. A few of my achievements during the past 3 years are as follows: Grappling Industries (34 Wins, 18 by submission/14 by points); American Grappling Federation (Gold/Silver Champion); NAGA; Fuji (Numerous Wins); The Good fight Submission only (Undefeated/Gold); IBJJF (Open Gold/Pans Bronze); New Breed Bjj (Champion); to include World Series of Jiu Jitsu. Sure, I have quite a few medals (over 80 but not counting), but it is the lifelong friends and experience that means the most to me. A lot of people forget about their training partners and coaches, as if it was not for them, I would not be able to compete at such a level. My team mates, are the hardest workers in the BJJ Gym (aka Sauna!!!! / No A/C) and I truly appreciate their hard work to both improve their game and to help me to improve mine along the way. Remember this statement, "Are you being a good partner?" This means, not hurting your partner, not taking it easy on your partner, but working together to achieve Greatness! Working on those skills that Professor, just showed you, but you forgot about 2 seconds after and you were scared to raise your hand



when Professor asked, "Do you need to see it again?" LOL. I love challenging myself and I take away from every match, what I did right and what I could've done better! Life is about learning from our mistakes and making it better.

One of my dreams are to represent the United States as an Olympic wrestler and to one day open up my own Jiu Jitsu gym.

My life goal is to become a Coral Belt in Jiu Jitsu along with becoming a multiple Olympic Gold Medalist!

My challenges in both Jiu Jitsu and Wrestling, are going up against stronger opponents and pushing myself to become relentless in my guard passing game. In life I have personally observed and experienced bullying in school and want to be an ambassador to other young athletes on how to overcome such bullying.

My achievements are balancing school work, getting good grades, and being in the gifted Art / Academic program while at the same time being a multi-teer competitive athlete (Jiu Jitsu; Wrestling; Swim; Golf; and Yes, Cheer 😊). So, as you can tell, I am very busy but I do find time to read, draw, skate, and play my keyboard. I have been very fortunate to be sponsored by Blac Magik Finger Tape, while being an ambassador for Knoxx, Chick jitsu, Zenko Fight Wear, and Pineapple clothing.

Happy Rolling and remember.....
"Are you being a good Partner?"

Photographers Credits: EM Walsh Photos and Robin Quina







**Kathrynn
Quina**

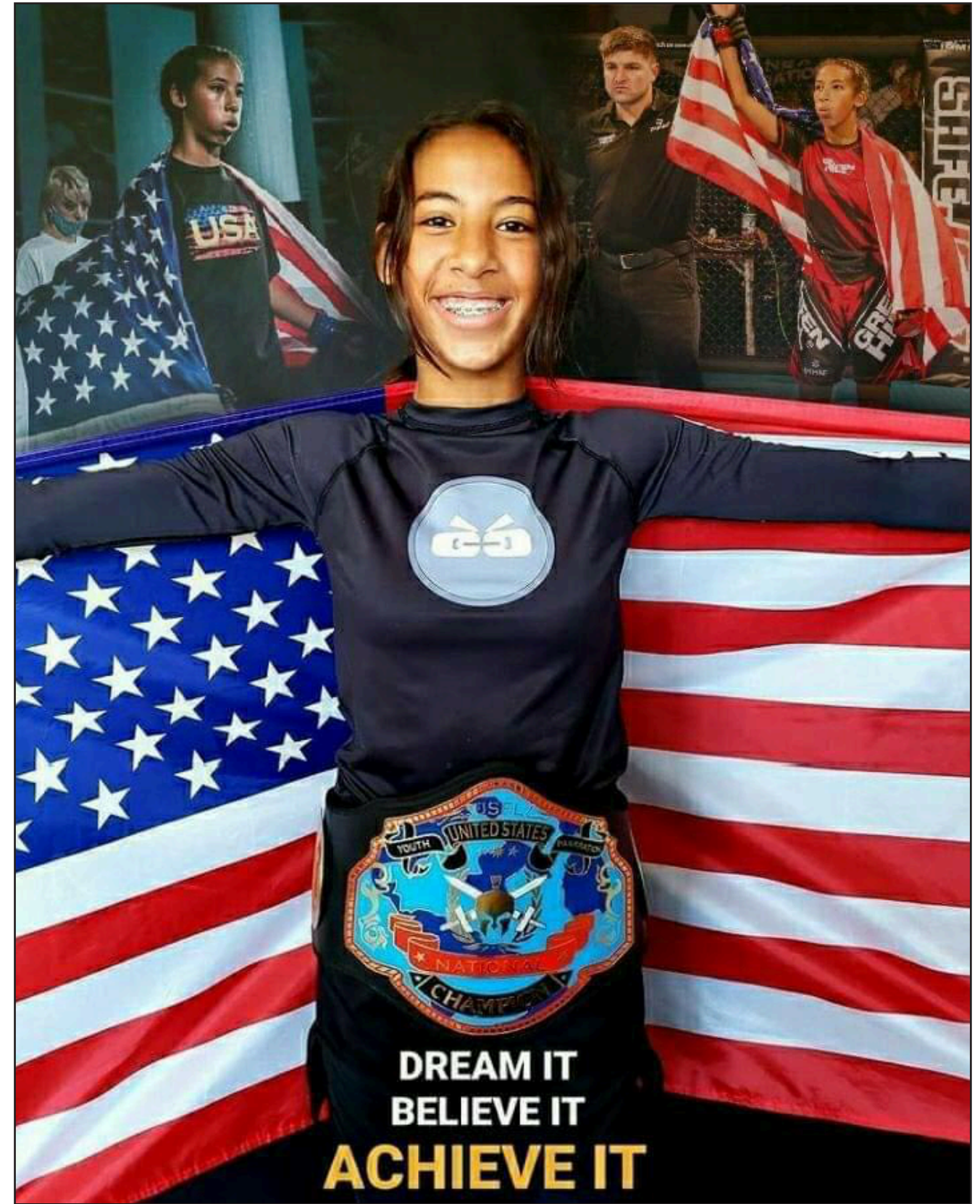
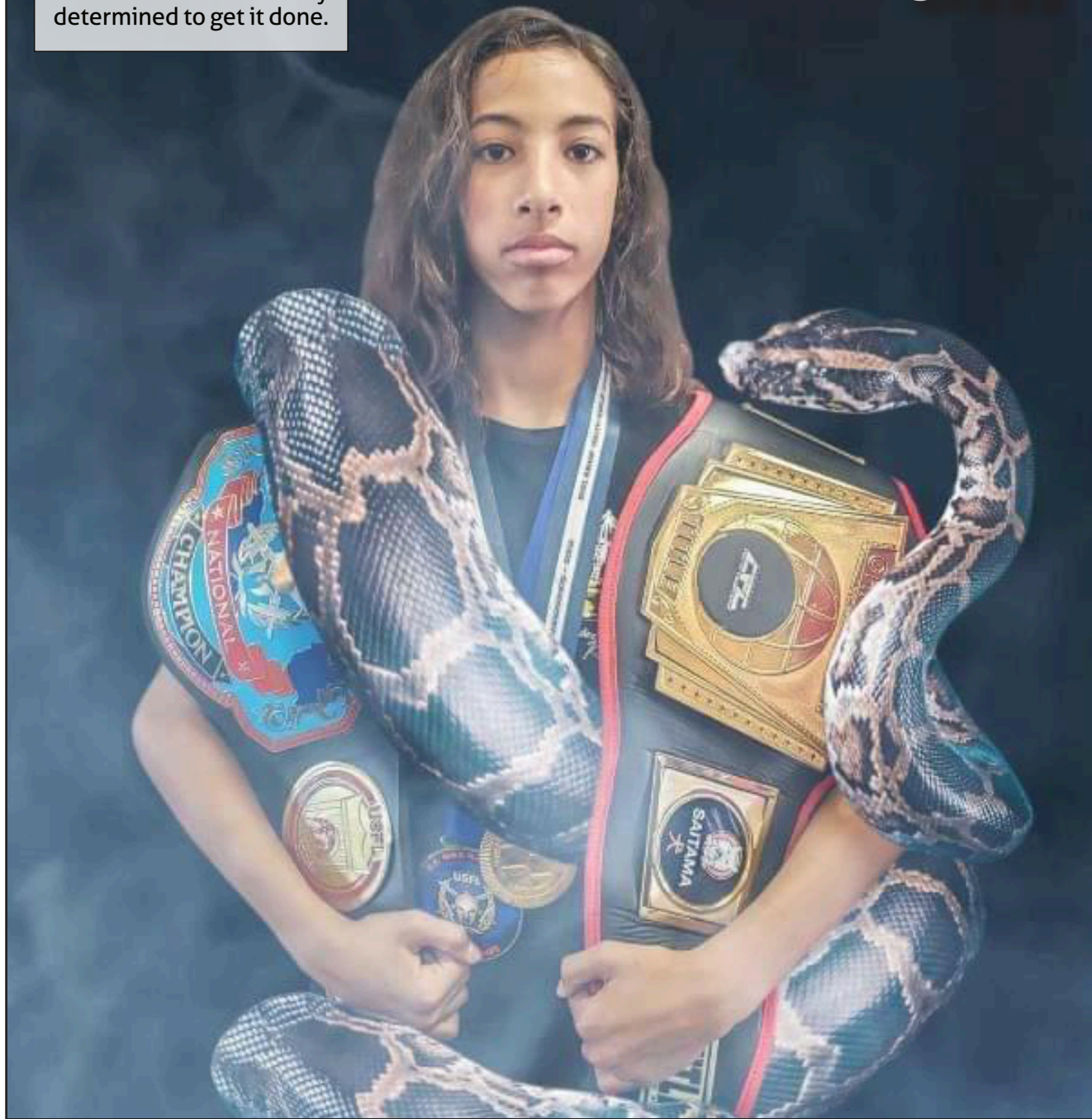






My major goal is to be a UFC Champion. My minor goal is to win IMMAF Worlds this coming year and in the other years to come. I know that if I put in enough work I can do it and I am definitely determined to get it done.

Lariah Gill



DREAM IT
BELIEVE IT
ACHIEVE IT

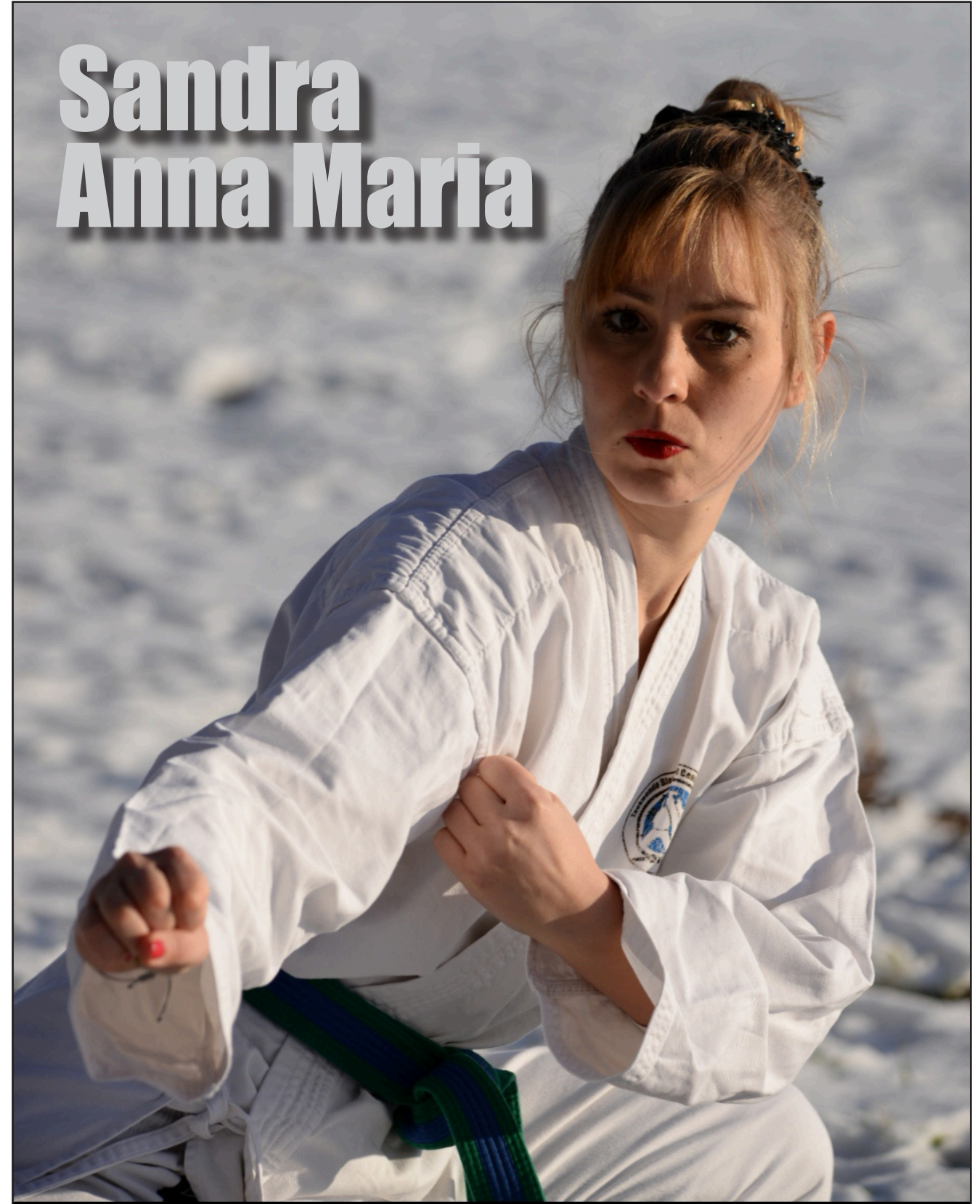




I started Taekwondo 5 years ago. Since then I have been passionate about this sport and have already taken a number of tests. I'm currently wearing a blue belt. My goal is to one day get the black belt and I train a lot for that. I'm very motivated,

creative and very flexible. Gymnastics is part of my everyday life. One day I would like to train children myself, that's a big dream of mine.

Photographers Credits: Femfight





**Sandra
Anna Maria**



My dream is to be fit and play jitsu as long as I can. I enjoy this game and continue it forever.



**Sarah
Wolz**



**Sarah
Wolz**





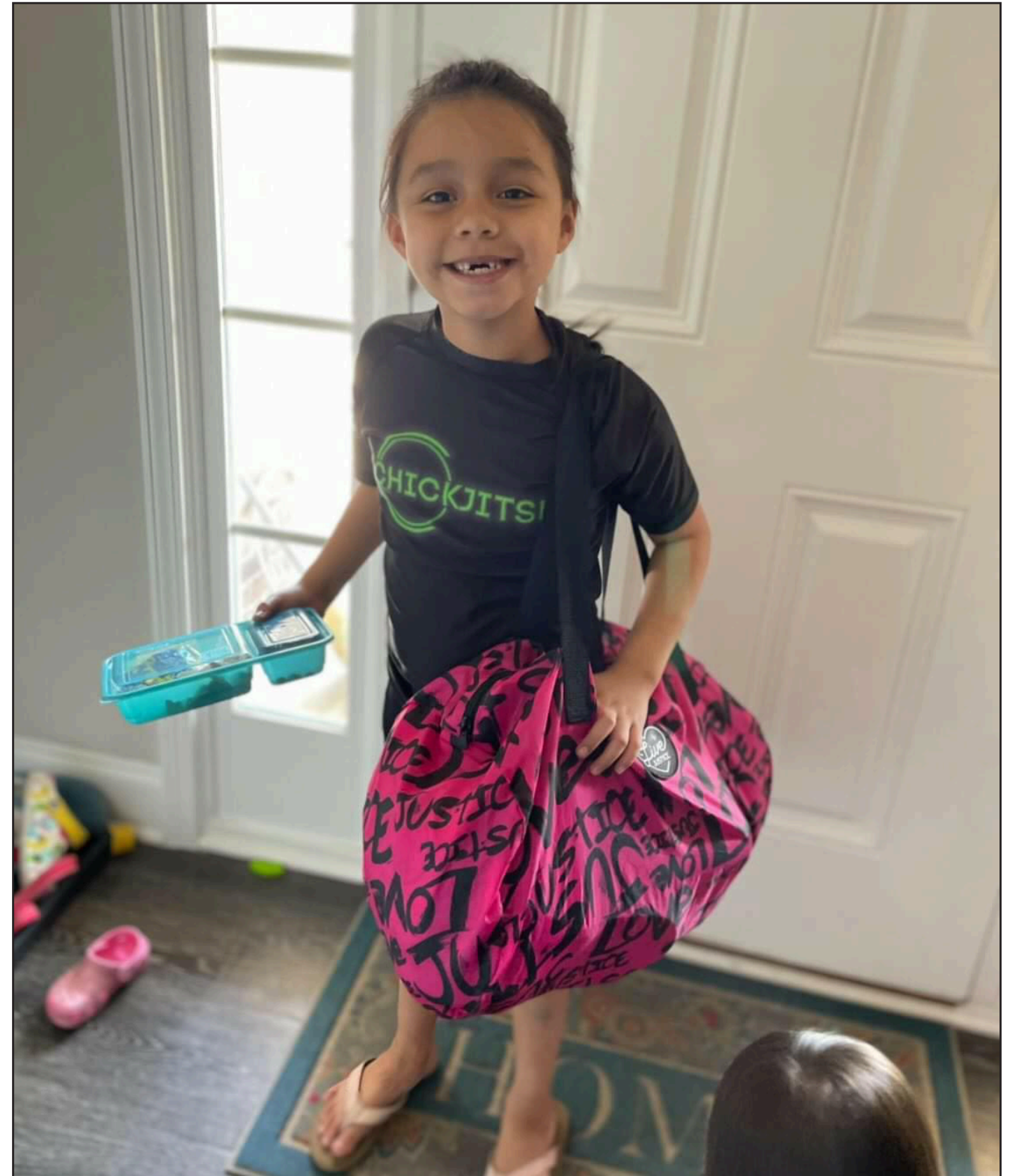
Sascha Trujillo



Sascha Trujillo

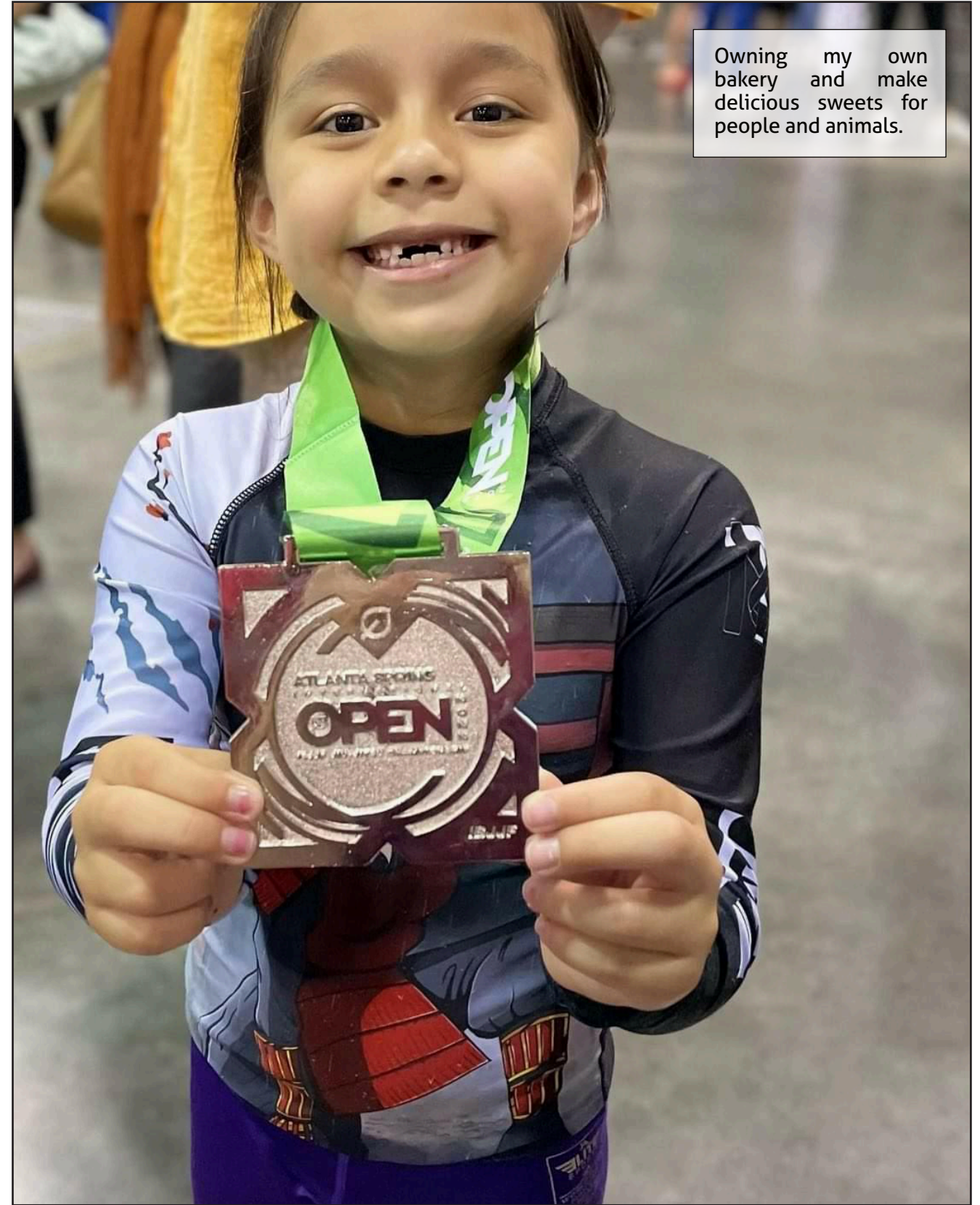


would like to build inventions like robots and homes that help the world and save the ocean from trash and plastic.





Serena Trujillo

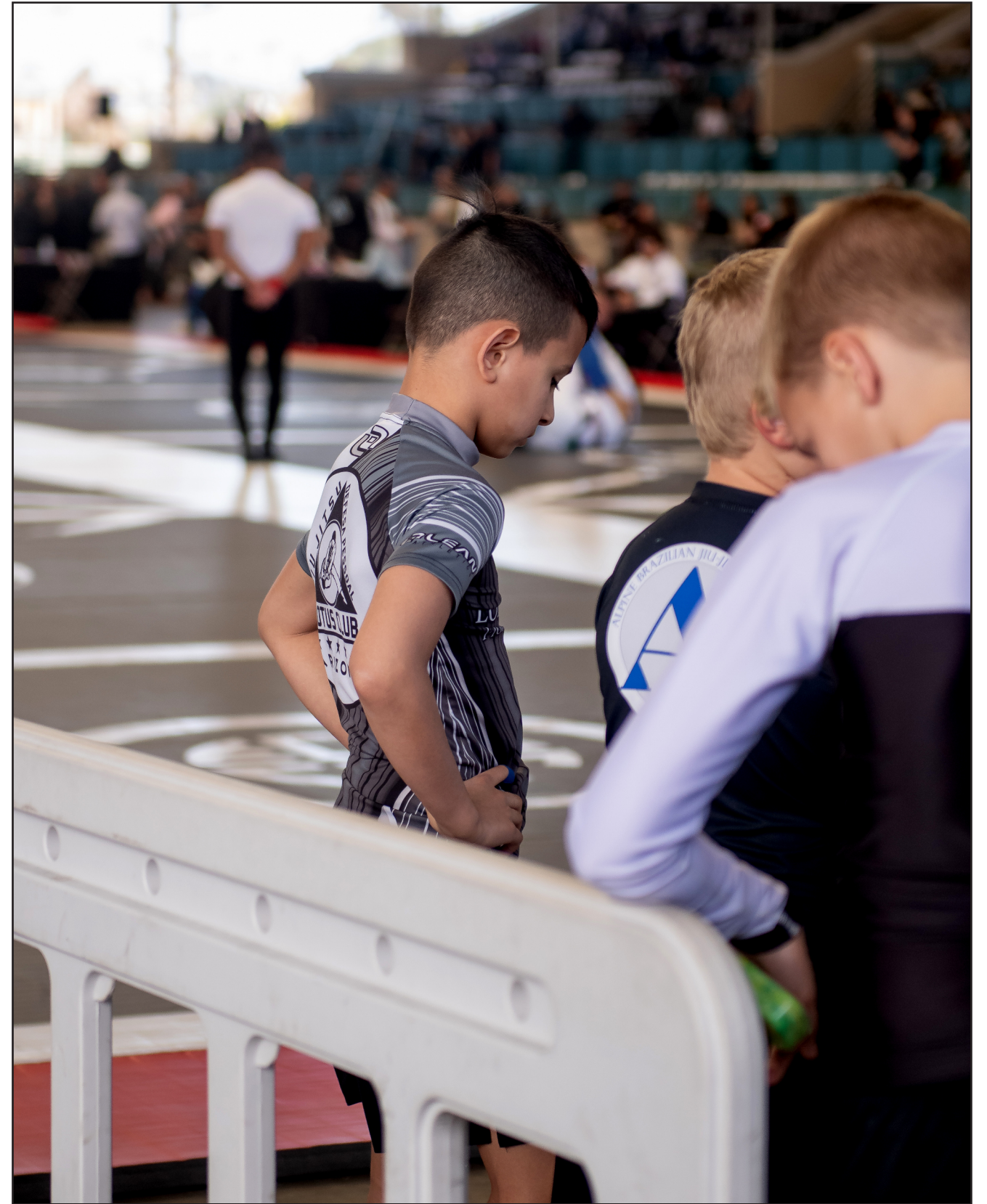


Owning my own bakery and make delicious sweets for people and animals.





**Teo
Salonga**



Teo Salonga



Teo Salonga

I am a ten year old grey belt out of Lotus Club Fight and Fitness in Arizona. I have been training Jiu Jitsu since 2021 and couldn't imagine life without it. I am blessed to be the current Arizona State Champion in my division. I have 3 Gold, 2 Silver and 2 Bronze medals from the 7 tournaments I have competed in. I am thankful to train at the best kid's gym in the state and appreciate all of my teammates! I dream of one day earning my black belt and teaching out of my own gym. "You can't walk through fire and not expect to sweat." Keep training!

Photographers Credits: My mom, Jessica Salonga.





**Teo
Salonga**



MARTIALSPORTS



**Sandra
Anna Maria**



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